Skill Level  
EASY

Sizes
Child (woman, man) Instructions are given for smallest size, with larger sizes in parentheses. When only 1 number is given, it applies to all sizes.

Finished Measurements
Circumference: 8 (101/4 , 14) inches
Depth: 41/2 (6, 71/2) inches

Materials
• Worsted weight yarn* (140 yds/100g per skein): 1 skein natural NATLA
• Size 7(4.5mm) straight (for flat collar) or 16-inch circular (for in-the-round collar) needles, and an extra needle for Double-Needle Cast-On, or size needed to obtain gauge
• Stitch marker

*Sample projects were completed with Wyoming Series Laramie (100% merino wool) from Mountain Meadow Wool.

Gauge
22 sts and 24 rows/rnds = 4 inches/10cm in 2/2 Rib, slightly stretched. To save time, take time to check gauge.

Special Abbreviations
Make 1 Purl (M1P): Inc by inserting LH needle in top of st below st just purled and placing it on LH needle, p1.
Make 1 Knit (M1K): Insert RH needle in top of st below next st on LH needle and place it on LH needle, then knit the new st.

Special Technique
Double-Needle Cast-On
Note: The top needle is the needle you will beg working the piece with, and the lower is another needle of the same size. You can use a long tail or yarn from both ends of the skein.
Make slip knot on the top needle. Pick up lower needle and hold it below top needle with slip knot between needles. *Hold both yarn ends in left hand as for long-tail cast-on, insert both needles in thumb loop, twist needles over and pull up forefinger yarn with top needle only, bringing both needles back through thumb loop. Don’t remove thumb. Straighten needles and put thumb loop onto lower needle, remove thumb from loop and gently tighten yarn on lower needle; rep from * until correct number of sts are on top needle (lower needle will have 1 less st). Remove lower needle.

Flat Collar
Using straight needles and Double-Needle Cast-On, cast on 50 (66, 86) sts.
Row 1 (RS): K1, *k2, p2; rep from * to last st, end p1.
Row 2: P1, *k2, p2; rep from * to last st, end k1.

Rep Rows 1 and 2 until collar measures 2 (21/2, 31/2) inches, ending with a WS row.
Inc row: K1, *k2, M1K, p2, M1P; rep from * to last st, end p1—74 (98, 128) sts.

Next row: K1, *k3, p3; rep from * to last st, end p1.
Next row: P1, *k3, p3; rep from * to last st, end k1.

Rep last 2 rows until collar measures 31/2 (41/2, 6) inches from beg, ending with a WS row.

Work in garter st (knit every row) until collar measures 41/2 (6, 71/2) inches from beg, ending with a WS row.

Bind off.

Finishing
Block if desired.
Sew seam 1 st in from each edge using mattress st.

This is a style often knit by the mothers of Montisi, a small village in the Tuscan region of Italy. It will give you a little taste of Italy as you ward off a winter chill.
In-the-Round Collar
Using circular needle and Double-Needle Cast-On, cast on 48 (64, 84) sts.

Set-up rnd: *K2, p2; rep from * across, place marker and join without twisting to work in rnds.
Rnd 1: *K2, p2; rep from * around.
Rep Rnd 1 until collar measures 2 (2½, 3½) inches.

Inc rnd: *K1, M1K, p2, M1P; rep from * around—72 (96, 126) sts.
Next rnd: *K3, p3; rep from * around.
Rep last rnd until collar measures 3½ (4½, 6) inches from beg, ending with a WS rnd.
Next rnd: Knit around.
Next rnd: Purl around.

Rep last 2 rnds until collar measures 4½ (6, 7½) inches, ending with a purl rnd.
Bind off kwise.

Finishing
Block if desired.

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