

Preemie Outfit

Cardigan Skill Level



Size

Infant's size fits 4–5-pound preemie

Finished Measurement

Chest: Approx 12 inches

Materials

- Worsted weight yarn* (76 yds/50g per ball): 2 balls soft yellow #32
- Size 2 (2.75mm) needles (for bobble buttons)
- Size 5 (3.75mm) needles
- Size 6 (4mm) needles or size needed to obtain gauge
- 3 snap sets approx ½ inch
- Sewing needle and thread



Hat

Finished Measurement

Circumference: Approx 9 inches

Materials

- Worsted weight yarn* (76 yds/50g per ball): 1 ball soft yellow #32
- Size 6 (4mm) needles



*Sample project was completed with Sweet Caroline (100% cotton) from Plymouth Yarn Co.

Cardigan

Gauge

20 sts and 27 rows = 4 inches/
10cm with size 6 needles.

To save time, take time to check gauge.

Back

With size 5 needles, cast on 30 sts. Knit 3 rows (garter st). Change to size 6 needles.

Rows 1 and 3 (RS): Knit across.

Rows 2 and 4 (WS): Purl across.

Row 5: K5, *p1, k7; rep from * to last st, end k1.

Rows 6–8: Work in St st.

Row 9: K1, *p1, k7; rep from * to last 5 sts, end p1, k4.

Rep Rows 2–9 until back measures 4 inches to underarm.

Shape armholes

Bind off 3 sts at beg of next 2 rows—24 sts.

Work even in pat until armhole measures 2¾ inches.

Shape shoulders

Bind off 6 sts at beg of next 2 rows. Bind off rem 12 sts for back neck.

Right Front

With size 5 needles, cast on 20 sts and knit 3 rows. Change to size 6 needles.

Rows 1 and 3 (RS): Knit across.

Rows 2 and 4 (WS): Purl across.

Row 5: K3, *p1, k7; rep from * to last st, end p1.

Rows 6–8: Work in St st.

Row 9: *K7, p1; rep from * to last 4 sts, end k4.

Rep Rows 2–9 until front measures 4 inches to underarm, ending with a RS row.

Shape armhole & neck

Next row (WS): Bind off 3 sts at beg of row—17 sts.

Row 1: Bind off 1 st (neck edge), work in pat across—16 sts.

Row 2 and rem WS rows: Purl across.

Row 3: Bind off 2 sts, work in pat across—14 sts.

Rows 5 and 7: Rep Row 3—10 sts after Row 7.

Row 9: Bind off 4 sts, work in pat across—10 sts.

Work even in pat until front measures same as back to shoulder. Bind off all sts, leaving a long end to sew shoulder seam.

Left Front

With size 5 needles, cast on 15 sts and knit 3 rows. Change to size 6 needles.

Rows 1 and 3 (RS): Knit across.

Rows 2 and 4 (WS): Purl across.

Row 5: K1, p1, k7, p1, k5.

Rows 6–8: Work in St st.

Row 9: K5, p1, k7, p1, k1.

Rep Rows 2–9 until front measures 4 inches to underarm, ending with a WS row.

Shape armhole

Bind off 3 sts at beg of next RS row—12 sts.

Work 3 rows even in pat.



The tiniest babe can use the extra love of a hand-knit cardigan and hat.

Shape neck

Maintaining pat, dec 1 st by k2tog at neck edge every other row until 6 sts rem. Work even until front measures same as back to shoulder. Bind off all sts.

Sew shoulder seams.

Sleeves

With size 6 needles, RS facing, pick up and knit 29 sts around armhole. Purl 1 row, knit 1 row.

Dec row (WS): P2tog, purl to last 2 sts, p2tog—27 sts.

Next row: K1, *p1, k7; rep from * to last 2 sts, end p1, k1.

Work 3 rows St st.

Next row: K5, *p1, k7; rep from * to last 6 sts, end p2, k5.

Work 3 rows St st.

Continue to work in established pat, and *at the same time*, when sleeve measures 3 inches, dec 1 st at each side—25 sts.

Work even in pat until sleeve measures 4¼ inches, ending with a RS row.

Cuff

Change to size 5 needles and knit 3 rows. Bind off all sts kwise. Cut yarn, leaving a long end to sew sleeve and side seam.

Rep for 2nd sleeve.

Sew sleeve and side seams.

Left Button Band

With size 5 needles, RS facing, beg at center back neck, pick up and knit approx 49 sts along left front to lower edge. Knit 2 rows. Bind off all sts kwise.

Right Button Band

With size 5 needles, RS facing, beg at lower front edge, pick up and knit approx 49 sts from lower edge to center back. Knit 2 rows. Bind off all sts kwise.

Assembly

Lightly block cardigan.

Sew 3 snaps on left front, approx ¾ inch inside of left button band. Place first snap just above lower garter-st hem, next 3 inches above first, and 3rd snap centered between. Sew them firmly in place with needle and thread.

Knit Bobble Buttons

Make 3

With size 2 needles, cast on 1 st.

Row 1: [Knit, purl, knit] into st—3 sts.

Row 2: Knit into front and back of first st, k1, knit into front and back of last st—5 sts.

Row 3: K5.

Row 4: K2tog, k1, k2tog—3 sts.

Row 5: K3.

Row 6: Sl 2 sts as if to k2tog, k1, p2sso.

Fasten off, pulling yarn through last st, and pull up securely. Shape into a small ball and sew on right front inside of button band, to correspond to snaps on left front. Sew other half of snap on inside behind bobbles.

Hat

Cast on 38 sts. Work 6 rows in garter st. Purl 1 row.

Beg pat

Row 1 (RS): K2, *p1, k7; rep from * to last 4 sts, end p1, k3.

Rows 2–4: Work 3 rows in St st.

Row 5: K6, *p1, k7; rep from * across.

Rows 6–8: Work 3 rows in St st.

Shape top

Row 1 (RS): *K6, k2tog; rep from * to last 6 sts, end k6—34 sts.

Rows 2, 4 and 6: Purl across.

Row 3: *K5, k2tog; rep from * to last 6 sts, end k6—30 sts.

Row 5: *K4, k2tog; rep from * across—25 sts.

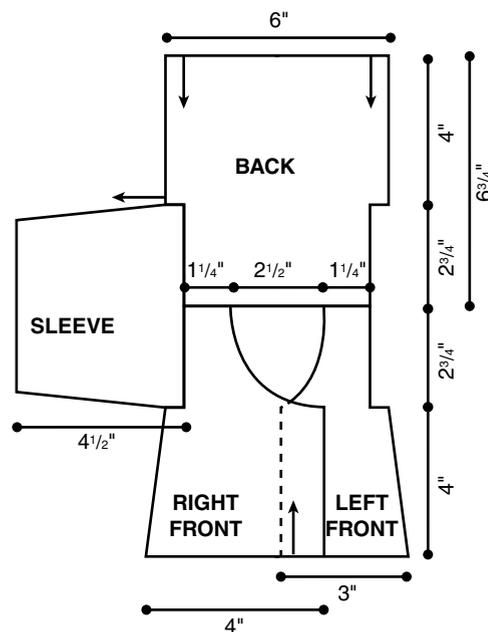
Row 7: *K3, k2tog; rep from * across—20 sts.

Rows 8–10: Work 3 rows in St st.

Row 11: [K2 tog] across—10 sts.

Row 12: Purl across.

Cut yarn, leaving 12-inch end. Thread onto a yarn or tapestry needle and run through rem sts. Pull snug and fasten off on inside of hat. Sew seam. Embellish by sewing on a purchased flower if desired. ■



Note: Arrows indicate direction of knitting.

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